

Mentorship Information and Agreement

The following pages offer detailed information and guidelines about each mentorship offer. By signing this document, you indicate that you have read through all the information and that you agree to honour all terms presented.

One-Time Mentorship Session

A one-time mentorship session is \$220 CAD.

If you are interested in having sessions regularly, you are welcome to pay for four sessions at once for \$800 CAD. These sessions will never expire and you can schedule them for whenever you like.

Payments are non-refundable.

Once I have received your payment and signed agreement, I will send you all of the relevant details for our session (the Zoom link for an online session or my address for an in-person session).

If you are unable to make it to a session, we can reschedule as long as you provide me with at least 48 hours' notice. If notice is given less than 48 hours in advance, that session will be considered complete.

In addition to our one-hour session, you will also receive session notes, resources, and material specifically designed to help you apply everything we've explored together.

If there is something you would like me to review before our session, please send it well ahead of time so I will be able to go over it before we meet.

Introductory Mentorship Bundle

The Introductory Mentorship Bundle is \$650 CAD or two payments of \$350 CAD. If choosing the two-payment option, the second payment is due two weeks after the first.

All payments are non-refundable.

After I've received your signed agreement and first payment, I'll send along all the details for our first session.

This one-time offer is available to new mentorship students and includes four 60-minute sessions at a reduced rate. Should you wish to continue after the bundle, you'll be invited to explore one of my ongoing mentorship offerings.

Sessions are typically held once a week over four consecutive weeks, with flexibility in choosing day and time.

If you need to reschedule, please provide a minimum of 48 hours' notice. Sessions missed with less than 48 hours' notice will be considered complete.

Following each session, you'll receive detailed notes, resources, and materials designed to help you deepen and integrate what we explored together.

If you have anything you'd like me to review beforehand, please send it with plenty of time so I can give it the attention it deserves.

Three-Month Mentorship

Three-month mentorship is \$2000 CAD.

You also have the option of making three monthly payments of \$700 CAD. Second and third payments are due on or before the 1st of the second and third months.

Payments are non-refundable.

Once I have received your payment and signed agreement, I will add our sessions to my calendar and send you all of the relevant details (the Zoom link for online sessions or my address for in-person sessions, as well as a link to your own personal Google Drive folder, where all of your material and resources will be kept).

If you are unable to make it to a session, we can organize a makeup session as long as you provide me with at least 24 hours' notice. If notice is given less than 24 hours in advance, that session will be considered complete.

During these three months, we will have twelve weekly one-hour sessions together, scheduled for the same day and time each week. After each session, you will receive session notes, resources, and material specifically designed to help you apply everything we've explored together. You are also welcome to email me for support between sessions if you have any questions or would like feedback on an audio or video recording.

Ongoing Mentorship

Ongoing mentorship is \$600 CAD per month. Payment is due on or before the 1st of each month.

You also have the option of paying \$350 CAD every two weeks. Payments are due on or before the 1st and 15th of each month.

Payments are non-refundable.

Once I have received your first payment and signed agreement, I will add our ongoing sessions to my calendar and send you all of the relevant details (the Zoom link for online sessions or my address for in-person sessions, as well as a link to your own personal Google Drive folder, where all of your material and resources will be kept).

If you are unable to make it to a session, we can organize a makeup session as long as you provide me with at least 48 hours' notice. If notice is given less than 48 hours in advance, that session will be considered complete.

During our time working together, we will have weekly one-hour sessions, scheduled for the same day and time each week. After each session, you will receive session notes, resources, and material specifically designed to help you apply everything we've explored together. You are also welcome to email me for support between sessions if you have any questions or would like feedback on an audio or video recording.

If you feel called to complete our ongoing mentorship, I ask that you offer two full weeks' paid notice so we can transition out of our time together smoothly.

Date:

Signature:
